# 2016

# **OPEN ENROLLMENT BOOKLET**

The Year 2016 RETIREE Open Enrollment Period Runs From OCTOBER 19, 2015 through NOVEMBER 6, 2015



## **<u>Retirees</u>** Employes' Retirement System

789 North Water Street Suite 300 Milwaukee, WI 53202 (414) 286-3557 <u>www.cmers.com</u>

**GREAT NEWS: UW-MADISON HOSPITAL AND PHYSICIANS** 

**ARE NOW IN-NETWORK WITH** 

**UNITEDHEALTHCARE-CHOICE & CHOICE PLUS PLAN.** 

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### DISCLAIMER:

Receiving this booklet does not necessarily imply you are eligible for City health coverage. Only persons eligible under labor contract provisions, Common Council resolutions, or COBRA may enroll. In making these various plans available, the City of Milwaukee is not endorsing the selection of a particular plan or the level of benefits or quality of care offered by a particular plan. It is the responsibility of the retiree to carefully review the plan and to make a decision based on this review. This material was prepared and sent with the cooperation of the City's health plans.



September, 2015

Dear City of Milwaukee Members:

There are no benefit design changes for Medicare retirees or those retirees under 65 without Medicare in 2016. There will be increases in the premiums for Medicare retirees based on utilization and experience of medical and prescription drug services, as well as cost trends for both. I anticipate these increases will be about 19%. Even with these increases the Medicare Retiree 75% premiums will be lower than they were in 2004 for the UHC Choice Plus plan. Retirees under 65 without Medicare will have an increase in their premiums of 6.7% based on their utilization and experience.

The City will continue to offer both the UHC Choice and UHC Choice Plus plans in 2016. Those without Medicare under 65 generally find the UHC Choice plan to be a better value. Members with Medicare generally find the UHC Choice Plus plan to be a better value, if they select a City plan rather than a Milwaukee Retiree Association (MRA) Medicare Advantage plan.

The MRA will again be offering Medicare Advantage (MA-PD) plans that provide an outstanding value to Medicare retirees. These Medicare Advantage plans are comprehensive plans with benefits different than the City-sponsored Medicare supplement type plans. Over 1000 Medicare retirees are currently enrolled in these plans and many have been for over ten years. The enhanced (\$0 monthly plan premium) UnitedHealthcare Group Medicare Advantage (PPO) Plan or the Humana Group Medicare Advantage (PPO) Plan are offered by MRA in cooperation with National Benefit Consultants, Inc. (NBC). Look for additional information from MRA and NBC to be mailed to your homes. For more information about the group Medicare Advantage plans, contact National Benefit Consultants, Inc. (Wales, WI) at 1-800-875-1505.

Medicare eligible members using the City's Medicare supplement type plans will continue to have their prescriptions filled through UHC Medicare Part D drug plan. Medicare members will have a 20% co-insurance with a cap of \$75 per month or \$150 for a three month supply. Medicare members can get a three month supply at retail pharmacies or through home delivery with UHC Medicare Part D.

Retiree members without Medicare (generally under 65) will continue to have prescriptions filled by OptumRx. They will have a 20% co-insurance with a \$4 minimum and a \$75 cap for a single month, or will be able to get a three month supply through mail order with OptumRx with a cap of \$150.

If you are currently enrolled in a City Medicare supplement plan, either UHC Choice or UHC Choice Plus and you decide not to remain in these plans for 2016, you <u>must</u> notify the Employes' Retirement System (ERS) in writing by Friday, November 6, 2015. City sponsored cancellation forms (and enrollment forms) can be found on the CMERS website <u>www.cmers.com/library/forms</u>. Assistance for requested plan changes will be provided at the Open Enrollment meetings, as well.

If you are a City of Milwaukee Medicare retiree, I would urge you to talk to fellow retirees and representatives of National Benefit Consultants, Inc. regarding your options. You are welcome to attend the Open Enrollment Fairs so that you are making the best decisions for yourself. The ERS, DER, UHC, OptumRx, and National Benefit Consultants will be available to answer your questions during the Open Enrollment Fairs and through their phone numbers which are listed in the back of this book.

Sincerely,

Michael Brady Employee Benefits Director

## **Retiree Open Enrollment**

### **General Information**

### The Annual RETIREE Open Enrollment will take place from October 19, 2015 through November 6, 2015

### This booklet includes information for all City of Milwaukee Members.

- Some information is specific for **Medicare members**, some for **non-Medicare members**.
- Some information is specific for members enrolled in UHC CHOICE PLUS and some information is specific for members enrolled in UHC CHOICE.
- There is also information about the City's selection of the UnitedHealthcare MedicareRx for Medicare members.
- Non-Medicare members will be enrolled in OptumRx.

We hope the information is helpful to you in making critical decisions regarding your health plan choices as a City of Milwaukee retiree. This is your only opportunity during the calendar year to make a change to your health plan for 2016.

Remember, if you have questions regarding retiree benefits; please contact ERS at (414) 286-3557.

### In 2016 the City is providing the following health plans for Retirees:

- UnitedHealthCare (UHC) Choice Plus, a comprehensive PPO plan that allows you to use any provider. This offers the best value for medicare members (see page 7).
- UnitedHealthCare (UHC) Choice, a comprehensive EPO plan with a national network of providers. This offers the best value for non-medicare members (under 65).
- Medicare members also have the choice of two additional plans including a zero premium plan sponsored by Milwaukee Retiree Association (MRA)
- IF YOU ARE NOT MAKING A CHANGE YOU DO NOT NEED TO DO ANYTHING.
- If you change your enrollment between UHC Choice and UHC Choice Plus you will need to complete a health enrollment form.
- If you are a Medicare member and leave the City plan and take one of the Milwaukee Retiree Association (MRA) plans you will need to notify the ERS staff in writing.
- All Medicare members should use their prescription drug card from UnitedHealthcare MedicareRx.
- Non-Medicare retirees will continue to use the UnitedHealthcare card for both health and prescription benefits.

Be sure to contact your health plan or doctor's office to make sure your doctors and preferred hospital are continuing to accept the plan you select for 2016. All retiree enrollment forms **must be in the ERS office on or before 4:30 pm Friday, November 6, 2015.** 

# **Open Enrollment Fairs**



## The City will hold six (6) Open Enrollment Fairs that are open to all City employees and retirees. The schedule is listed below.

Tuesday, October 20 <sup>th</sup> - 1:00 p.m. to 4:00 p.m.	. Hillside Family Resource Center . 1452 North 7 <sup>th</sup> Street
Thursday, October 22 <sup>nd</sup> – 9:00 a.m. to 1:00 p.m	. City Hall Rotunda . 200 East Wells Street
Tuesday, October 27 <sup>th</sup> – 1:30 p.m. to 5:30 p.m	
Thursday, October 29 <sup>th</sup> - 3:00 p.m. to 6:00 p.m	. Fire and Police Academy . 6680 North Teutonia Avenue
Tuesday, November 3 <sup>rd</sup> – 1:00 p.m. to 4:30 p.m	. DPW Field Headquarters . 3850 North 35 <sup>th</sup> Street
Thursday, November 5 <sup>th</sup> – 9:00 a.m. to 1:00 p.m	. City Hall Rotunda . 200 East Wells Street

When this booklet was printed the City had not established Health/Dental terms for the year 2016 with all employee groups. As a result the employee and retiree contribution levels for active and newly retired may be affected.

### **City of Milwaukee UnitedHealthcare CHOICE:**

The UHC Choice Plan is administered by UnitedHealthcare. Their phone number is 1-800-841-4901.

- In 2015, the UHC-Choice in-network provider group added UW-Madison Hospital and Physicians. This provider is available in-network in 2016.
- UHC CHOICE provides uniform City benefits through in-network providers.
- UHC CHOICE has a national network that in 2016 has over 650,000 physicians and health care professionals and over 5,000 hospitals throughout the United States.
- A retiree outside of SE WI can enroll in UHC CHOICE in 2016 and use any UHC providers and hospitals outside of SE WI.
- Members enrolling in UHC CHOICE in 2016 **DO NOT** need to select a primary care physician (PCP).
- If your provider leaves UHC CHOICE before the end of the plan year, you must see a new provider offered by UHC CHOICE or pay the provider out-of-pocket. The City cannot guarantee that a provider will be with UHC Choice Plan for the entire year. Physician contracts are established throughout the year, so any physician may choose not to continue with the contract at the renewal date.
- All emergency services are covered as "in-network", with in-network deductible and co-insurance.
- All preventive services, as defined by UHC and coded by your physician are covered at 100% without any deductible or co-insurance.

You will be able to go to any UnitedHealthcare network provider in the United States. Be sure to check that the doctor and hospital you want are in the UHC CHOICE Plan network before you finalize your selection. You can do this by calling UnitedHealthcare at 1-800-841-4901, or by going to the internet at <u>www.myuhc.com</u>.

### **City of Milwaukee UnitedHealthcare CHOICE PLUS:**

The UHC Choice **PLUS** is administered by UnitedHealthcare. Their phone number is 1-800-841-4901.

- UHC CHOICE **PLUS** provides uniform City benefits through both **in-network** and out-of-network providers. There are higher deductibles and co-insurance with the UHC Choice **PLUS** Plan.
- UHC CHOICE **PLUS** has a national network that in 2016 has over 650,000 physicians and health care professionals and over 5,000 hospitals throughout the United States.
- A member outside SE WI can enroll in the UHC CHOICE **PLUS** Plan in 2016 and use any provider, either in-network or out-of-network.
- Members in UHC CHOICE **PLUS** Plan do not need to select a primary care physician.
- If your provider leaves the UHC network before the end of the year, you can continue to see that provider, but will have to pay the higher deductibles and co-insurance.
- All emergency services are covered as "in-network", with in-network deductible and co-insurance.
- All preventive services, as defined by UHC and coded by your physician are covered at 100% without any deductible or co-insurance.



### **Coordination of Benefits between Medicare and UHC for Medicare Members**

### How coordination of benefits work, and what does this mean for me as a Medicare member?

This means that on a single bill there may be portions paid by Medicare, portions paid by UHC, and portions paid by the member <u>until the deductibles are reached</u>. The examples below use the UHC Choice PLUS plan.

Medicare A (Hospital portion) has an \$1100 annual deductible, and then Medicare pays at 100% Medicare B (Major Medical portion) has a \$140 annual deductible, and then Medicare pays at 80% The UHC Choice Plus plan has a \$1500 deductible in 2016, a \$1500 co-insurance at 10%, and then pays at 100% for Medicare eligible expenses. <u>City members will not have a co-insurance for any Medicare eligible services.</u>

### Example #1

The first bill you receive is under Medicare Part B (Major Medical portion) and is for \$1500: Medicare Part B pays \$0 on the first \$140 of services. UHC Choice Plus pays \$0 on the first \$140 of service. **Member pays \$140 of the \$1500.** Member's Medicare Part B deductible is met.

There is a \$1360 balance before the UHC Choice PLUS \$1500 deductible is reached. Medicare Part B pays 80% of the \$1360 or \$1088. **Member pays \$272**, UHC Choice \$1500 deductible is met with Medicare paying \$1088 and member paying \$412 Any future Medicare Part B eligible services are paid at 80% by Medicare Part B and 20% by UHC. Member has no additional costs for Medicare Part B eligible services. **Member has NO CO-INSURANCE** for Medicare Part B eligible services. Total out of pocket cost for member with Medicare Part B bill of \$1500: \$412

### Example #2

The first bill you receive is under Medicare Part A (Hospital) and is for \$1500: Medicare Part A pays \$0 on the first \$1100 of services. UHC Choice Plus pays \$0 on the first \$1500 of services. Member pays the first \$1100 in cost. (Medicare Part A deductible, \$1100, has been met)

There is a \$400 balance. Medicare Part A pays \$400 balance (100% of cost over \$1100) Member pays \$0 UHC Choice Plus deductible, \$1500, has been met Member has no additional cost for Medicare Part A eligible services. **Member has NO COINSURANCE** for Medicare Part A eligible services. Total out of pocket cost for member with Medicare Part A bill: \$1100.

**Note**: Medical necessity and medical benefits may be different between Medicare and UHC. If services are not eligible for Medicare payments, but are eligible for UHC payments, member may have co-insurance costs of 10% or 30% depending on the provider and the services that are not eligible for Medicare.

### **Hospital and Physician Quality**

The City understands the value of hospitals providing a high quality of care. There are several measures available for review of hospital quality. Milwaukee area hospitals are participating in quality assurance programs the Wisconsin Hospital Association (WHA) Checkpoint plan. For more information:

- The UHC Premium Tier 1 helps you choose with confidence. They identify physicians who meet quality and cost efficiency guidelines for care. Visit <u>www.myuhc.com</u> to search for doctors and hospitals that meet national medical standards for quality care.
- WHA checkpoint data visit <u>www.wicheckpoint.org</u>. All Milwaukee and Wisconsin hospitals are using the WHA checkpoint and price point system.
- For additional quality information see Wisconsin Collaborative for Health Care Quality, www.wchq.org.

### **Healthy Links:**

There are many helpful websites that can help you maintain a healthy lifestyle. Among the sample of sites listed are sites from government, hospitals and insurance companies:

- Wellness Walking Program <u>www.froedtert.com</u>
- Health Care <u>www.columbia-stmrys.org</u>
- Physical activity to maintain good health <u>www.aurorahealthcare.org/</u>
- UnitedHealthCare (UHC) UHC Choice and UHC Choice Plus site: <u>www.uhc.com</u> includes information about wellness services available to all UHC Choice and Choice Plus members.
- To learn more about your UnitedHealthcare MedicareRx plan visit www.uhcretiree.com



## **NOTICES**

### Notice for all Duty Disability, Medicare Members, Medicare dependents or Medicare family members to enroll in both Part A and Part B of Medicare:

Both members and spouses eligible for Medicare as a result of a disability, or duty disability and who are under 65 must be enrolled in Medicare Part A & B. This is a requirement of all health plans offered by the City. Medicare Part A & B provides additional value.

It is your responsibility to be properly enrolled in Medicare Part A and Part B when participating on the City of Milwaukee Retiree health plan coverage when Medicareeligible due to Social Security disability or at age 65.

Important Reminder: Call or visit your local Social Security Office if you have questions regarding your Medicare Part A and Part B <u>entitlement</u>, <u>eligibility</u> and <u>enrollment</u>. Contact your local Social Security Field Office at 1-800-772-1213. You can also enroll at <u>www.ssa.gov</u>. You can access additional information about Medicare benefits by visiting their website at <u>www.medicare.gov</u> or call

1-800-Medicare.

# Notice for all Medicare Members, Medicare dependents or Medicare family members:

All City enrollees with Medicare are automatically enrolled in the UnitedHealthcare MedicareRx plan.

### No application should ever be mailed directly to the health plan.

See complete instructions on the health enrollment form.

### Notice to members Regarding the Thirty-Day Rule:

Retired employees are responsible for keeping their enrollment status current notifying the Employee Retirement System <u>within 30 days</u> of births, adoptions, marriages, divorces, dependents ceasing to be dependents, former dependents that become eligible dependents again, deaths and **Medicare coverage**. (Non-compliance with this Thirty-Day Rule may expose the City and/or you to additional costs.) **There** will be no exceptions to this rule.

### Notice to Members regarding the One-Family Plan Rule:

Members who are married to each other may only carry one health plan between them. You are required to report your marriage to another active City employee or retiree within 30 days of your marriage.

City of Milwaukee members are eligible to add their domestic partner and domestic partner children to their health benefits.

### Notice to Members with Other Health Coverage:

With the exception of Medicare Part A & B, members with other coverage through their own employment, or their spouse's employment or retirement must choose one plan.

There is no penalty for a City member who waives coverage and enrolls for coverage through a spouse or another health plan.

When a member loses other coverage they can re-enroll with City retiree coverage.

If you terminate your City of Milwaukee coverage, you may re-enroll during open enrollment. Coverage will not be effective until January 1<sup>st</sup> of the following year.

## **Something to Remember**

We strongly recommend that you review the benefits and cost to you of the two plans offered. Call the plans directly for more information, or attend one of the information fairs listed on page 5. Remember, you can also get information from the Milwaukee Retiree Association for the two plans they provide through National Benefit Consultants (800-875-1505), including the \$0 premium plan.

Remember, if you have questions regarding retiree benefits; please contact Employes' Retirement System (ERS) at (414) 286-3557. Employee Benefits Division does not handle retiree benefits.

### SUMMARY OF HEALTH INSURANCE BENEFITS FOR: MEDICARE MEMBERS ONLY

NOTE: Medicare Coordination Strategy: see page 7 for example. The City considers ALL payments made by Medicare as the Primary health insurance payer for participants to be counted as the retiree's contribution to UHC Choice and UHC Choice PLUS deductibles, co-insurance and out-of-pocket maximum(s). The actual out-of-pocket costs for Medicare retirees who only use Medicare services will be lower because of the coordination of benefit strategy. The out of pocket maximum assumes that the Medicare Part A deductible will be \$1100 and Medicare Part B will be \$140 in 2016. For benefits that are not covered by Medicare but are covered by UHC Choice or UHC Choice PLUS, services are subject to full deductible, co-insurance and out of pocket.

This summary is intended only to highlight your benefits and should not be relied upon to fully determine your coverage. The Summary Plan Description shall prevail.

	Type of Coverage	UHC CHOICE		DICE PLUS ne Basic Plan)
		Network Only Benefits	Network Benefits	Non-Network Benefits
1.	Annual Deductible –(Member pays) Individual Deductible	\$750 per year (see page 7).	\$1,500 per year (see page 7).	\$3,000 per year (see page 7).
2.	<b>Co-Insurance – (Member pays)</b> Each Member pays:	10% up to \$750 (see page 7).	10% up to \$1,500 (see page 7).	30% up to \$3,000 (see page 7).
3.	Out-of-Pocket Maximum – (Member pays) (includes both deductible & co-insurance) Individual Out-of-Pocket Maximum	Up to \$1,500 per year (see page 7).	Up to \$3,000 per year (see page 7).	Up to \$6,000 per year (see page 7).
4.	Emergency Health Services (Member pays) (The ER co-pay applies to the out of pocket maximum).	\$200 co-pay per visit.	\$200 co-pay per visit.	\$200 co-pay per visit.
5.	Physician Fees for Surgical & Medical Services	70%**after Deductible met.	70%**after Deductible met.	70% after Deductible met.
	**Increases to 90% for UHC Premium Tier 1 Provider.	**Increases to 90% for UHC Premium Tier I Provider.	**Increases to 90% for UHC Premium Tier I Provider.	
6.	Physician Office Services – Sickness & Injury	70%**after Deductible met.	70%**after Deductible met.	70% after Deductible met.
	**Increases to 90% for UHC Premium Tier I Provider.	**Increases to 90% for UHC Premium Tier I Provider.	**Increases to 90% for UHC Premium Tier I Provider.	
7.	<b>Preventive Care Services</b> Include Preventive Care Visit, Lab, or other preventive test. Generally when a service is performed during your preventive care visit and has a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force; and there are no known symptoms, illness or history, the services will be considered for this benefit. For more information about preventive services that might be for you, visit www.uhcpreventivecare.com.	100% (Deductible does not apply).	100% (Deductible does not apply).	Not Covered.
8.	Prescription Drug Benefits – administered by UnitedHealthCare. The employee pays: Retail Pharmacy – 30 day supply	20% co-insurance (Maximum \$75).	20% co-insurance (Maximum \$75).	Not Covered.
	Mail Order – up to 90 day supply	20% co-insurance (20% of the total cost of a 3 month supply. Maximum \$150).	20% co-insurance (20% of the total cost of a 3 month supply. Maximum	Not Covered.
	(The prescription co-insurance does not apply to the deductible or medical out of pocket maximum).		\$150).	
9.	Out-of Pocket Maximum for Prescriptions - (Employee Pays)	\$3600	\$3600	Not Covered.

### SUMMARY OF HEALTH INSURANCE BENEFITS FOR: MEDICARE MEMBERS ONLY

**NOTE:** Medicare Coordination Strategy: see page 7 for example. The City considers ALL payments made by Medicare as the Primary health insurance payer for participants to be counted as the retiree's contribution to UHC Choice and UHC Choice PLUS deductibles, co-insurance and out-of-pocket maximum(s). The actual out-of-pocket costs for Medicare retirees who only use Medicare services will be lower because of the coordination of benefit strategy. The out of pocket maximum assumes that the Medicare Part A deductible will be \$1100 and Medicare Part B will be \$140 in 2016. For benefits that are not covered by Medicare but are covered by UHC Choice or UHC Choice PLUS, services are subject to full deductible, co-insurance and out of pocket.

This summary is intended only to highlight your benefits and should not be relied upon to fully determine your coverage. The Summary Plan Description shall prevail.

Type of Coverage		UHC CHOICE		OICE PLUS he Basic Plan)
		Network Only Benefits	Network Benefits	Non-Network Benefits
10.	Lifetime Maximum	No Lifetime Maximum.	No Lifetime Maximum.	No Lifetime Maximum.
11.	Benefit Plan Co-Insurance – Amount the Plan Pays for #11 -#31	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
12.	Ambulance Services – Emergency & approved Non-Emergency	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
13.	Autism Spectrum Disorder Services	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
14.	Dental Accident/Oral Surgery (Oral surgery coverage is limited to 13 specific oral surgical procedures. (See end of benefit summary on pg. 13).* (UHC-Choice members must use in- network providers).	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
15.	Durable Medical Equipment	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
16.	Hearing Aids Benefits are limited to enrolled dependent children under 18 years of age. Limited to one hearing aid per ear every 3 years.	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
17.	Home Health Care Benefits are limited to <b>40</b> visits per calendar year.	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
18.	Hospice	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
19.	Hospital – Inpatient Stay	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
20.	Lab, X-Ray & Diagnostics - Outpatient	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
21.	Mental Health Services	90% after Deductible met.	90% after Deductible met.	70% after Deductible met
22.	Rehabilitation Services – Chiropractic Treatment	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
23.	Rehabilitation Services – Outpatient Therapy Short-term outpatient rehabilitation for physical therapy, occupational therapy, speech therapy, pulmonary rehabilitation therapy, cardiac rehabilitation therapy and respiratory therapy are 50 visits maximum per year for each necessary therapy.	90% after Deductible met	90% after Deductible met	70% after Deductible met

### SUMMARY OF HEALTH INSURANCE BENEFITS FOR: MEDICARE MEMBERS ONLY

**NOTE:** Medicare Coordination Strategy: see page 7 for example. The City considers All payments made by Medicare as the Primary health insurance payer for participants to be counted as the retiree's contribution to UHC Choice and UHC Choice PLUS deductibles, co-insurance and out-of-pocket maximum(s). The actual out-of-pocket costs for Medicare retirees who only use Medicare services will be lower because of the coordination of benefit strategy. The out of pocket maximum assumes that the Medicare Part A deductible will be \$1100 and Medicare Part B will be \$140 in 2016. For benefits that are not covered by Medicare but are covered by UHC Choice or UHC Choice PLUS, services are subject to full deductible, co-insurance and out of pocket.

This summary is intended only to highlight your benefits and should not be relied upon to fully determine your coverage. The Summary Plan Description shall prevail.

	Type of Coverage	UHC CHOICE	UHC CHO	ICE PLUS
			(Replaces th	e Basic Plan)
		Network Only Benefits	Network Benefits	Non-Network Benefits
24.	Skilled Nursing Facility/Inpatient Rehabilitation Facility Services	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
	120 day maximum per inpatient stay.			
25.	Substance Use Disorder	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
26.	Temporomandibular Joint Disorder Treatment (TMJ)	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
	Benefits are limited to <b>\$1,250</b> per year for diagnostic procedures and non-surgical treatment.			
27.	Transplant Services	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
28.	Urgent Care	90% after Deductible met.	90% after Deductible met.	Not Covered.
29.	Vision Care			
	One routine vision exam per year.			
	Optometrist	90% after Deductible met.	90% after Deductible met.	Not Covered.
	Ophthalmolgist	70%**after Deductible met.	70%** after Deductible met.	Not Covered.
	**Increases to 90% for UHC Premium Tier 1 Provider. For more information about in-network physicians, visit www.myuhc.com.	**Increases to 90% for UHC Premium Tier 1 Provider.	**Increases to 90% for UHC Premium Tier 1 Provider.	
30.	Nutritional Counseling			
	Dietitian	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
	Physician	70%**after Deductible met.	70%**after Deductible met.	70% after Deductible met.
	**Increases to 90% for UHC Premium Tier 1 Provider.	**Increases to 90% for UHC Premium Tier 1 Provider.	**Increases to 90% for UHC Premium Tier 1 Provider.	
31.	Prosthetic Devices	90% after Deductible met.	90% after Deductible met.	
32.	Dependent Coverage	Include employee's spouse; domestic partner, eligible dependent children, stepchildren, foster children, grandchildren (if the parent is an eligible dependent children, adopted children ad children placed for adoption as mandated by the State or Federal government. Based on the Affordable Care Act, coverage for dependent children is through the end of the calendar year in which the dependent child turns 26, without regard to the child's school status, marital status or dependent status.		

\* UnitedHealthcare and Anthem Oral Surgery are limited to the following 13 oral surgical procedures. UHC-Choice members must use innetwork providers (see #14 on page 12):

- 1. Surgical removal of bony impacted teeth;
- Excision of tumors, cysts of the jaws, cheeks, lips, tongue, roof of mouth when such conditions require pathological examination;
- 3. Surgical procedures required to correct accidental injuries of the jaws, cheeks, lips, tongue, roof and floor of mouth;
- 4. Apicoectomy;
- 5. Excision of exostosis of jaws and hard palate;
- 6. Treatment of fractures of facial bones;

- 7. External incisions and drainage of cellulitis;
- 8. Incision of accessory sinuses, salivary glands or ducts;
- 9. Gingivectomy;
- 10. Alveolectomy;
- 11. Frenectomy;
- 12. Removal of retained root;
- 13. Gingival and Apical curettage.

### SUMMARY OF HEALTH INSURANCE BENEFITS FOR: NON-MEDICARE MEMBERS ONLY

NOTE: This summary is intended only to highlight your benefits and should not be relied upon to fully determine your coverage. The Summary Plan Description shall prevail.

	Type of Coverage	UHC CHOICE	UHC CHC	DICE PLUS
			(Replaces t	ne Basic Plan)
		Network Only Benefits	Network Benefits	Non-Network Benefits
1.	Annual Deductible –(Member pays) Individual Deductible Family Deductible	\$ 750 per year \$1,500 per year	\$1,500 per year \$3,000 per year	\$3,000 per year \$6,000 per year
2.	<b>Co-Insurance –(Member pays)</b> Individual Family	10% up to \$750 10% or 30% up to \$1500 per family not to exceed \$750 per member.	10% up to \$1,500 10% or 30% up to \$3000 per family not to exceed \$1500 per member.	30% up to \$3,000 30% up to \$6000 per family not to exceed \$3000 per member.
3.	Out-of-Pocket Maximum for Health (includes both deductible & co-insurance) Individual Out-of-Pocket Maximum Family Out-of-Pocket Maximum	\$1,500 per year \$3,000 per year	\$3.000 per year \$6,000 per year	\$ 6,000 per year \$12,000 per year
4.	Emergency Health Services (Member pays) (The ER co-pay applies to the out of pocket maximum).	\$200 co-pay per visit.	\$200 co-pay per visit.	\$200 co-pay per visit.
5.	Physician Fees for Surgical & Medical Services	70%**after Deductible met.	70%**after Deductible met.	70%**after Deductible met.
	**Increases to 90% for UHC Premium Tier 1 Provider.	**Increases to 90% for UHC Premium Tier 1 Provider.	**Increases to 90% for UHC Premium Tier 1 Provider.	
6.	Physician Office Services – Sickness & Injury	70%** after Deductible met.	70%** after Deductible met.	70%** after Deductible met.
	**Increases to 90% for UHC Premier Tier 1 Provider.	**Increases to 90% for UHC Premium Tier 1 Provider.	**Increases to 90% for UHC Premium Tier 1 Provider.	
7.	Preventive Care Services Include Preventive Care Visit, Lab, or other preventive test. Generally when a service is performed during your preventive care visit and has a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force; and there are no known symptoms, illnesses or history, the services will be considered for this benefit. For more information about preventive services that might be for you, visit www.uhcpreventivecare.com.	100% (deductible does not apply).	100% (deductible does not apply.	Not Covered.
8.	Prescription Drug Benefits — administered by Optum RX. The member pays: Retail Pharmacy — 30 day supply	20% co-insurance (minimum \$4 & maximum \$75).	20% co-insurance (minimum \$4 & maximum \$75).	Not Covered.
	Mail Order – up to 90 day supply (The prescription co-insurance does not apply to the deductible or medical out of pocket maximum).	20% co-insurance (minimum \$8 & maximum \$150.	20% co-insurance (minimum \$8 & maximum \$150).	Not Covered.
9.	Out-of-Pocket Maximum for Prescriptions – (Member Pays)	\$3600	\$3600	Not Covered.

## SUMMARY OF HEALTH INSURANCE BENEFITS FOR:

### NON-MEDICARE MEMBERS ONLY

NOTE: This summary is intended only to highlight your benefits and should not be relied upon to fully determine your coverage. The Summary Plan Description shall prevail.

	Type of Coverage	UHC CHOICE	UHC CH	OICE PLUS
			(Replaces	the Basic Plan)
		Network Only Benefits	Network Benefits	Non-Network Benefits
10.	Lifetime Maximum	No Lifetime Maximum.	No Lifetime Maximum.	No Lifetime Maximum.
11.	Benefit Plan Co-Insurance – Amount the Plan Pays for #11 - #31.	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
12.	Ambulance Services – Emergency & approved Non-Emergency	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
13.	Autism Spectrum Disorder Services	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
14.	Dental Accident/Oral Surgery (UHC-Choice members must use in-network providers).	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
	Oral Surgery coverage is limited to <b>13</b> specific oral surgical procedures. (See end of benefit summary on <b>pg. 16</b> ).			
15.	Durable Medical Equipment	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
16.	Hearing Aids	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
	Benefits are limited to enrolled dependent children under 18 years of age. Limited to one hearing aid per ear every 3 years.			
17.	Home Health Care	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
	Benefits are limited to <b>40</b> visits per calendar year.			
18.	Hospice	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
19.	Hospital – Inpatient Stay	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
20.	Lab, X-Ray & Diagnostics - Outpatient	90% after Deductible met.	90% after Deductible met.	90% after Deductible met.
21.	Mental Health Services	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
22.	Rehabilitation Services – Chiropractic Treatment	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
23.	Rehabilitation Services – Outpatient Therapy			
	Short-term outpatient rehabilitation for Physical therapy, Occupational therapy, Speech therapy, Pulmonary rehabilitation therapy, Cardiac rehabilitation therapy, and Respiratory therapy. 50 visit max per year for each necessary therapy.	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.

## SUMMARY OF HEALTH INSURANCE BENEFITS FOR:

### **NON-MEDICARE MEMBERS ONLY**

NOTE: This summary is intended only to highlight your benefits and should not be relied upon to fully determine your coverage. The Summary Plan Description shall prevail.

	Type of Coverage	UHC CHOICE	UHC CH	OICE PLUS
			(Replaces t	he Basic Plan)
		Network Only Benefits	Network Benefits	Non-Network Benefits
24.	Urgent Care	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
25.	Skilled Nursing Facility/Inpatient Rehabilitation Facility Services.			
	120 day maximum per inpatient stay.	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
26.	Substance Use Disorder	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
27.	Temporomandibular Joint disorder Treatment (TMJ)			
	Benefits are limited to <b>\$1,250</b> per year for diagnostic procedures and non-surgical treatment	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
28.	Transplant Services	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
29.	Vision Care One routine vision exam per year. Optometrist	90% after Deductible met.	90% after Deductible met.	Not Covered.
	Ophthalmologist	70%**after Deductible met.	70%**after Deductible	Not Covered.
	**Increases to 90% for UHC Premium Tier 1 Provider. For more information about in-network physicians, visit	**Increases to 90% for UHC Premium Tier 1 Provider.	met. **Increases to 90% for UHC Premium Tier 1 Provider.	
30.	Nutritional Counseling			
	Dietitian	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
	Physician	70%**after Deductible met.  **Increases to 90% for UHC	70%**after Deductible met.	70% after Deductible met.
	**Increases to 90% for UHC Premium Tier 1 Provider.	Premium Tier 1 Provider.	**Increases to 90% for UHC Premium Tier 1 Provider.	
31.	Prosthetic Devices	90% after Deductible met.	90% after Deductible met.	70% after Deductible met.
32.	Dependent Coverage	Include employee's spouse; domestic par the parent is an eligible dependent child mandated by the State or Federal govern children is through the end of the calenda adult child's school status, marital status	d under the age of 18), adopted child ment. Based on the recent federal he in year in which the dependent child or	ren and children placed for adoption as alth care reform, coverage for dependent

#### \* UnitedHealthcare and Anthem Oral Surgery are limited to the following 13 oral surgical procedures. UHC-Choice members must use innetwork providers (see #14 on page 15):

		_
1.	Surgical removal of bony impacted teeth;	7.
2.	Excision of tumors, cysts of the jaws, cheeks, lips, tongue, roof of	8.
	mouth when such conditions require pathological examination;	9.
3.	Surgical procedures required to correct accidental injuries of the jaws, cheeks, lips, tongue, roof and floor of mouth;	10
4		11
4.	Apicoectomy;	12
5.	Excision of exostosis of jaws and hard palate;	
6.	Treatment of fractures of facial bones;	13
6.	I reatment of fractures of facial bones;	

6. Treatment of fractures of facial bones;

- External incisions and drainage of cellulitis; Incision of accessory sinuses, salivary glands or ducts; Gingivectomy; 0. Alveolectomy; 1. Frenectomy; .2. Removal of retained root;
- 13. Gingival and Apical curettage.

## **City of Milwaukee Diabetic Benefits for Members**

Diabetic	Diabetic Claims (Equipment and Supplies) Claims Adjudication Processes					
	Non-Medicare Members					
Item	Claim Adjudication					
Durable Medical Equipment (DME) to include insulin pumps and the supplies used for insulin pumps and meters.	Processed through the medical benefit for both UHC Choice and UHC Choice PLUS plans (See #15 on the Summary Benefit Table). Glucose meters and insulin pumps are covered at 90% co-insurance after satisfying deductible.					
Diabetic testing supplies to include test strips, lancets, syringes, etc.	Processed through the pharmacy benefit for both UHC-Choice and UHC-Choice Plus. All members have a 20% co-insurance (minimum \$4 and maximum \$75) for diabetic testing supplies. All members have a 20% co-insurance for mail orders. 20% of the total cost of a 3 month supply (minimum \$8 and maximum \$150) for diabetic testing supplies through OptumRx					

	Medicare Members	
ltem	Claim Adjudication	
Durable Medical Equipment (DME) to include insulin pumps and the supplies used for insulin pumps and meters.	Processed through the medical benefit for both UHC Choice and UHC Choice PLUS plans (See #15 on the Summary Benefit Table). Glucose meters and Insulin pumps are covered at 90% co-insurance after satisfying deductible.	
Diabetic testing supplies to include test strips, lancets, syringes, etc.	Processed through your Medicare Part B coverage. All members will have a 20% co-insurance once an individual reaches their Part B deductible for the plan year.	

# WELCOME.

### You are enrolled in UnitedHealthcare

### YOUR UNITEDHEALTHCARE CHOICE PLAN FEATURES

You save money by choosing a UnitedHealth Premium<sup>®</sup> Tier 1 physician.

You can reduce your out-of-pocket costs by using UnitedHealth Premium Tier 1 physicians. Please review this document or visit **UnitedHealthPremium.com** for more information about the Premium program.

### You can choose any doctor or hospital in our network.

You can save money when you choose doctors (including specialists), hospitals and pharmacies in the network. If you receive care outside of our network, the plan will not cover the cost. Emergencies are covered anywhere in the world.

You do not need a referral to see a specialist. See any network doctor, including specialists, without referrals.

### **SERVICES COVERED**

- Doctor office visits
- Emergency services
- Hospital care
- Lab services
- Mental health and substance use disorder services
- Outpatient care services
- Pregnancy and newborn care
- Prescription drugs
- Preventive care services
- Rehabilitative services and devices
- Wellness services

This is not a complete list of the services covered under this plan. See your summary of benefits and coverage for details.

**Note:** If you enroll in UnitedHealthcare Choice Plus plan you can choose any doctor or hospital. Your premium, deductible, co-insurance and out-of-pocket maximum will be higher. Please see open enrollment booklet for details.



### Introducing UnitedHealth Premium Tier 1

From finding a doctor, to evaluating treatment options, to understanding the cost of care, consumers are looking for comparative information. The UnitedHealth Premium program can help. When you're looking for a doctor, you can consider his or her Premium designation when making your choice.



Look for the UnitedHealth Premium Tier 1 symbol to quickly and easily find doctors who have been recognized for providing value.



### About UnitedHealth Premium Tier 1

UnitedHealth Premium Tier 1 physicians have received the Premium designation for:

- Quality & Cost Efficiency OR
- Cost Efficiency & Not Enough Data to Assess Quality



### **HOW THE PLAN WORKS**



Covered Preventive Care Services are paid at 100%.

You will have a **deductible** for most services.<sup>1</sup> The deductible is the amount of money you pay for

covered services before your plan starts to pay.

After you meet your deductible, you will have

the plan shares the cost of expenses with you.

The plan will pay a percentage of each covered

service, and you will pay the rest. For example,

your plan pays 70% of the cost, you will pay 30%.

Your share of the cost will be lower when you

visit UnitedHealth Premium Tier 1 physicians,

specialists or surgeons. Your plan co-insurance

increases to 90% when you use a UnitedHealth

You are protected with an **out-of-pocket limit**.

services. If you reach the limit, the plan will pay 100% of your eligible covered services for the

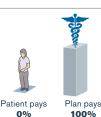
This is the most you will have to pay during a policy period (calendar year) for covered

Premium Tier 1 physician, meaning you will

only pay 10% co-insurance.

rest of the policy period.<sup>2</sup>

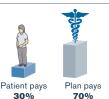
to pay **co-insurance**.<sup>1</sup> Co-insurance is when



Plan pays 100% of covered preventive services \*must be submitted with appropriate preventive coding.



Patient pays the deductible before the plan pays.



If the deductible has been reached, co-insurance begins.



**UnitedHealth Premium** Tier 1 physician



Plan pays 100% if out-of-pocket limit has been reached.



For certain services, you may be required to have approval before those services can be covered by your plan. See your benefit plan documents for details on covered services.

<sup>1</sup> This payment will not apply for eligible preventive care expenses.

<sup>2</sup> Co-payments, co-insurance and the deductible are included in the out-of-pocket limit.

The UnitedHealth Premium® designation program is an information resource to help you choose a physician. It may be used as one of many factors you consider when choosing the physicians from whom you receive care. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. Like many performance assessment programs, physician evaluations have a risk of error. Please see myuhc.com® for detailed program information and methodologies. Designations are displayed in United Healthcare on-line physician directories at myuhc.com. You should always consult myuhc.com for the most current designation information.

Information for individuals residing in the state of Louisiana or who have policies issued in Louisiana: Health care services may be provided to you at a network health care facility by facility-based physicians who are not in your health plan. You may be responsible for payment of all or part of these fees for those non-network services, in addition to applicable amounts due for co-payments, co-insurance, deductibles, and non-covered services. Specific information about network and non-network facility-based physicians can be found at myuhic.com or by calling the toll-free Customer Care telephone number that appears on the back of your health plan ID card.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.

### **Choose with confidence.**

The Premium program is one of the longest-running physician quality and cost-efficiency designation programs in the industry, and we continue to make changes that enhance the program and deliver greater value. We share this information with you to help you make informed choices about your care.

### **UnitedHealth Premium** specialties

Allergy Cardiology Cardiology - Electrophysiology Cardiology - Interventional Ear, Nose and Throat (ENT) Endocrinology **Family Practice** Gastroenterology General Surgery General Surgery - Colon/Rectal Internal Medicine Nephrology Neurology Neurosurgery - Spine **OB-GYN** Ophthalmology Orthopaedics - General Orthopaedics - Foot/Ankle Orthopaedics - Hand Orthopaedics Orthopaedics - Hip/Knee Orthopaedics - Shoulder/Elbow Orthopaedics - Spine **Orthopaedics - Sports Medicine** Pediatrics Primary Care Physician Pulmonology Rheumatology Urology

Physician designations are subject to change. Before you make an doctor's Premium designation.







## FAQ: Using your pharmacy benefits



Your pharmacy benefits help you get the right medication at a reasonable price. Take a few minutes to better understand the features and programs in your pharmacy plan. It can help you to get the most from your benefits when making medication decisions with your doctor.

### Who is OptumRx?

OptumRx is your plan's pharmacy benefit manager (PBM). Your plan sponsor chose us to manage and process your pharmacy claims. We will also answer your pharmacy benefit questions and tell you about programs offered in your plan.

### How do I find a participating retail pharmacy?

Your plan's pharmacy network includes thousands of chain and independent pharmacies nationwide. To find one near you, visit our website, **myuhc.com**. Then select **Manage My Prescriptions** and **Get Started**. Or call the customer service number on the back of your ID card.

## FAQ: Using your pharmacy benefits

### How do I fill a prescription at a pharmacy?

There are several ways to fill prescriptions at your pharmacy:

- **Option 1:** Your doctor can call or fax your prescription to the pharmacy.
- **Option 2:** Your pharmacist can call your doctor to ask for a refill request.
- **Option 3:** Visit your retail pharmacy to request a refill or give them a new prescription written by your doctor.

## How do I find out which medications are covered by my plan?

A Prescription Drug List (PDL) is a list of brand-name and generic medications covered by your plan. These medications are the best value in quality and price, so using them can help control rising drug costs for you and your benefit plan sponsor.

You can find the most up-to-date PDL at **myuhc.com**. Or call Customer Service at the number on the back of your ID card. To learn more about your pharmacy benefit coverage, including copayments or coinsurance, please see your plan documents.

## Why should I show my ID card when I fill a prescription?

Your pharmacy uses information on your ID card to send your prescription claim to OptumRx to process. Showing your ID card also ensures that you pay the lowest possible cost.

Even when using a low-cost generics program, you should show your ID card. If the generic drug costs less than your copayment or coinsurance, you pay the smaller amount.

If your plan has a deductible, showing your ID card allows your cost to go toward meeting the deductible.

## Can I order medications through home delivery?

If your plan includes home delivery, you can get up to a 90-day supply of your maintenance medication(s) from OptumRx.

To choose home delivery, use any of the following options:



### By online registration:

Visit **myuhc.com**, register and follow the simple step-by-step instructions. You can manage your medication online, including filling new prescriptions and transferring other prescriptions to home delivery. You can also set up text message reminders to help manage your medication schedule. Be sure to have your health plan ID card and medication bottles on hand.



### By phone:

Just call the member phone number on the back of your plan ID card to talk with a customer service representative right now. It's helpful to have your plan ID card and medication bottle available. The representative can also contact your doctor directly if you need a new prescription.



### By mail:

Ask your doctor for a new prescription for up to a three-month supply, plus refills for up to one year. Then go to **myuhc.com** and download the new prescription order form. Mail it to the address provided on the bottom of the form.

### By fax / ePrescribe:

Ask your doctor to call **1-800-791-7658** for instructions on how to fax your prescription directly to OptumRx. Or your doctor can send an electronic prescription to OptumRx.

## How long does it take to get my order through home delivery?

Refills should arrive in about seven business days after OptumRx receives your order. New orders should arrive in about 10 business days. There is no cost to you for standard delivery. Overnight delivery is available for an additional charge.

## How do I order refills through home delivery?

You have four ways to order refills from OptumRx:

- Order online at myuhc.com
- Call our automated phone system
- Call customer service at the number on the back of your ID card
- Complete the reorder form inside each medication shipment and send it to us for processing

Remember, by registering at our website, you'll receive email reminders when it is time to refill your prescriptions.

## Are generic medications as good and safe as brand-name drugs?

Yes. Every generic medication is equivalent to the brand-name medication. They both have the same strength, purity and quality. Both brand-name and generic medications meet U.S. Food and Drug Administration (FDA) standards for safety and effectiveness.

### What tools are available on the OptumRx website?

Our website, **myuhc.com**, is easy to use and offers a fast, safe and secure way to refill home delivery prescriptions, manage your account, get drug information and pricing, and more. Registration is free and there are no extra fees to order home delivery prescriptions online. Once you register, you can visit our website anytime to use these and other great tools:

- **Medication Reminders** Sign up to get text messages and emails that remind you to refill or take your medications. Our online refill calendar gives you, family members and caregivers helpful alerts.
- **Medicine Cabinet** Open up your virtual medicine cabinet to see the status of your prescriptions, review past orders and list any over-the-counter drugs you take.
- Claims History View your prescription claims processed by OptumRx.

### When can I refill my prescriptions?

You can usually refill prescriptions after you use about two-thirds of the medication. For example, when taken as prescribed:

- 30-day prescriptions may be refilled after 23 days
- 90-day prescriptions may be refilled after 68 days

## Can I get permission to refill my medication early, such as before I go on vacation?

If your plan allows early refills in special cases, call customer service at the number on your ID card. Ask for an early refill authorization.

### How do I request a prior authorization?

Certain medications may require special approval from your plan to be covered. This is called prior authorization. If your doctor prescribes one of these medications, you, your pharmacist or doctor can begin the review process by calling customer service. A customer service advocate will work with your doctor's office to get the information for a prior authorization review.



OptumRx specializes in the delivery, clinical management and affordability of prescription medications and consumer health products. We are an Optum<sup>™</sup> company — a leading provider of integrated health services. Learn more at **optum.com**.

All Optum<sup>™</sup> trademarks and logos are owned by Optum, Inc. All other brand or product names are trademarks or registered marks of their respective owners.



### Discover the convenience of OptumRx<sup>®</sup> Mail Service Member Select<sup>sm</sup>



Mail Service Member Select is a home delivery program that makes it easy for you to receive your ongoing medications by mail. This program will save you time and help you better manage the medication you take regularly. Not only is home delivery safe and reliable, it also offers the following advantages:



**Cost savings:** You may pay less for your medication with a three-month supply through OptumRx.



**Convenience:** Get free standard shipping on medications delivered to your mailbox.



**24/7 access and reminders:** Speak to a pharmacist who can answer your questions any time, any day. Even set up text and email reminders to help you remember to take or refill your medications.\*

### Choose your fill preference

You can choose to fill your maintenance medication through either OptumRx or a retail pharmacy. If you choose a retail pharmacy, you must disenroll from the Mail Service Member Select program.

The program allows you two retail pharmacy fills of your maintenance medication before you must choose. If you do not take action after the second retail fill, you may pay more for your medication until you make a decision.

### Making the choice

To choose home delivery, use any of the following options.



### By online registration:

Visit **myuhc.com**<sup>®</sup>, and select *Manage My Prescriptions.* You can manage your medication online, including filling new prescriptions and transferring other prescriptions to home delivery. You can also set up text message reminders to help

manage your medication schedule. Be sure to have your health plan ID card and medication bottles on hand.



### By phone:

Just call the member phone number on the back of your plan ID card to talk with a customer service representative right now. It's helpful to have your plan ID card and medication bottle available. The representative can also contact your doctor directly if you need a new prescription.

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### By mail:

Ask your doctor for a new prescription for up to a three-month supply, plus refills for up to one year. Then go to **myuhc.com** and download the new prescription order form. Mail it to the address provided on the bottom of the form.



### By fax / ePrescribe:

Ask your doctor to call **1-800-791-7658** for instructions on how to fax your prescription directly to OptumRx. Or your doctor can send an electronic prescription to OptumRx.

To disenroll from Mail Service Member Select, contact OptumRx by calling the member phone number on the back of your ID card or visit **myuhc.com**— within the pharmacy section you can manage your mail service options under **My Account**. Here you will be able to disenroll from the Mail Service Member Select Program.

\*OptumRx provides this service at no cost. Standard message and data rates charged by your carrier may apply.



OptumRx specializes in the delivery, clinical management and affordability of prescription medications and consumer health products. We are an Optum<sup>™</sup> company — a leading provider of integrated health services. Learn more at **optum.com**.

All Optum<sup>™</sup> trademarks and logos are owned by Optum, Inc. All other brand or product names are trademarks or registered marks of their respective owners.

All City of Milwaukee Medicare Members have the UnitedHealthcare MedicareRx for Groups Part D Prescription Drug Plan. All members in the UHC Choice and UHC Choice PLUS plans have a 20% co-insurance for their drugs.

### FAQ – Medicare Members

#### Why UnitedHealthcare<sup>®</sup> Medicare Rx?

The UnitedHealthcare<sup>®</sup> MedicareRx for Groups (PDP) plan helps protect you from unexpected changes in your prescription drug costs. Some of the plan highlights include:

- 100% of the drugs on Medicare's Part D drug list are covered.
- More than 65,000 pharmacies in the network including national and regional chain as well as independent neighborhood pharmacies.
- Get convenience and savings delivered to your mailbox when you use OptumRx preferred mail service pharmacy.
- Customer Service available from 8 a.m. 8 p.m. local time, 7 days a week
- Additional coverage through UnitedHealthcare RxSupplement. The UnitedHealthcare RxSupplement plan provides additional coverage to your Medicare Part D coverage.
- It's easier than ever to take control of your hearing and your health. Health Innovations offers low cost hearing aids.

#### How do I use my new prescription drug ID card?

Whenever you or a covered family member has a prescription filled at a participating retail pharmacy, present your member ID card to the pharmacist. It displays your member ID number, which your pharmacist needs to process your prescriptions. To quickly find a retail pharmacy near you or to find out if your medication is covered, go to <u>www.UHCRetiree.com</u> or call UnitedHealthcare at 1-866-465-0572, 8:00 am – 8:00 pm, local time 7 days a week.

#### Why use the UnitedHealthcare pharmacy network?

Save on the cost of generic prescription drugs. Many, but not all, of the pharmacies in UnitedHealthcare's national pharmacy network participate in a special program that could help you save more on your prescription drugs. This program is called the Pharmacy Saver program. With the Pharmacy Saver program, you can fill your prescriptions for as low as \$2 at participating pharmacies located in grocery, discount and drug stores where you already shop.

Best of all, Pharmacy Saver is easy. No additional enrollment is necessary. Simply take your qualifying Prescription to a participating pharmacy, show your UnitedHealthcare member ID card and they can help you switch.

#### What is the difference between a brand-name and generic medication?

Brand-name medications are marketed under a trademark-protected name and are often available from only one manufacturer. Generic medications contain the same active ingredients as the original brand and must meet the same strict federal regulations as their brand-name counterparts for quality, strength, and purity. Generics typically cost less than brands.

#### Visit www.UHCRetiree.com to

Register your account and access online tools: Find pharmacies Review the plan's drug list Print an extra member ID card Learn how your plan works by viewing your current plan benefits and coverage Search our online health and wellness library View claims

Registering is simple and safe, and your information is secure and confidential.



### Important Information about Your COBRA continuation coverage Rights

### What is continuation coverage?

Federal law requires that group health plans (including the City of Milwaukee Plan) give employees and their families the opportunity to continue their health care coverage when there is a "qualifying event" that would result in a loss of coverage under an employer's plan. Depending on the type of qualifying event, "qualified beneficiaries" can include the employee covered under the group health plan, a covered employee's spouse, and dependent children of the covered employee.

Continuation coverage is the same coverage that the Plan

overage that the Plan |

286-3557.

### How long will continuation coverage last?

In the case of a loss of coverage due to end of employment or reduction in hours of employment, coverage may be continued for up to 18 months. In the case of losses of coverage due to an employee's death, divorce or legal separation, the employee's enrollment in Medicare or a dependent child ceasing to be a dependent under the terms of the plan, coverage may be continued for up to 36 months.

Continuation coverage will be terminated before the end of the maximum period if any required premium is not paid on time, if a qualified beneficiary becomes covered under another group health plan that does not impose any preexisting condition exclusion for a pre-existing condition of the qualified beneficiary, if a covered employee enrolls in Medicare, or if the employer ceases to provide any group health plan for its employees. Continuation coverage may also be terminated for any reason the Plan would terminate coverage of participant or beneficiary not receiving continuation coverage (such as fraud).

gives to other participants or beneficiaries under the Plan

who is not receiving continuation coverage. Each qualified

beneficiary who elects continuation coverage will have the

same rights under the Plan as other participants or

beneficiaries covered under the Plan, including: open

enrollment and special enrollment rights. Specific

information describing continuation coverage can be

obtained from the Employes' Retirement System, 789 North Water St., Suite 300, Milwaukee, WI 53202, 414-

### How can you extend the length of continuation coverage?

If you elect continuation coverage, an extension of the maximum period of 18 months of coverage may be available if a qualified beneficiary is disabled or a second qualifying event occurs. You must notify the City of Milwaukee Employee Benefits of a disability or a second qualifying event in order to extend the period of continuation coverage. Failure to provide notice of a disability or second qualifying event may affect the right to extend the period of continuation coverage.

#### Disability

An 11-month extension of coverage may be available if any of the qualified beneficiaries is disabled. The Social Security Administration (SSA) must determine that the qualified beneficiary was disabled at some time during the first 60 days of continuation coverage, and you must notify the City of Milwaukee Employee Benefits of that fact within 60 days of the SSA's determination and before the end of the first 18 months of continuation coverage. If the qualified beneficiary is determined by SSA to no longer be disabled, you must notify the City of Milwaukee Employee Benefits of that fact within 30 days of SSA's determination.

#### Second Qualifying Event

An 18-month extension of coverage will be available to spouses and dependent children who elect continuation coverage if a second qualifying event occurs during the first 18 months of continuation coverage. The maximum amount of continuation coverage available when a second qualifying event occurs is 36 months. Such second qualifying events include the death of a covered employee, divorce or separation from the covered employee, the covered employee's enrolling in Medicare, or a dependent child's ceasing to be eligible for coverage as a dependent under the Plan. You must notify the City of Milwaukee Employee Benefits within 60 days after a second qualifying event occurs.

### How can you elect continuation coverage?

Each qualified beneficiary has an independent right to elect continuation coverage. For example, both the employee and the employee's spouse may elect continuation coverage, or only one of them. Parents may elect to continue coverage on behalf of their dependent children only. A qualified beneficiary must elect coverage by the date specified on the Election Form. Failure to do so will result in loss of the right to elect continuation coverage under the Plan. A qualified beneficiary may change a prior rejection of continuation coverage any time until that date.

In considering whether to elect continuation coverage, you should take into account that a failure to continue your group health coverage will affect your future rights under federal law.

- 1. First, you can lose the right to avoid having preexisting condition exclusions applied to you by other group health plans if you have more than a 63-day gap in health coverage, and election of continuation coverage may help you not have such a gap.
- 2. Second, you will lose the guaranteed right to purchase individual health insurance policies that do not impose such pre-existing condition exclusions if you do not get continuation coverage for the maximum time available to you.

- 3. Finally, you should take into account that you have special enrollment rights under federal law.
  - a. You have the right to request special enrollment in another group health plan for which you are otherwise eligible (such as a plan sponsored by your spouse's employer) within 30 days after your group health coverage ends because of the qualifying event listed above.
  - b. You will also have the same special enrollment right at the end of continuation coverage if you get continuation coverage for the maximum time available to you.

#### How much does continuation coverage cost?

Generally, each qualified beneficiary may be required to pay the entire cost of continuation coverage. The amount a qualified beneficiary may be required to pay may not exceed 102 percent of the cost to the group health plan (including both employer and employee contributions) for coverage of a similarly situated plan participant or beneficiary who is not receiving continuation coverage (or, in the case of an extension of continuation coverage due to a disability, 150 percent). The required payment for continuation coverage for the qualified beneficiaries listed on page one of this notice is described on page one.

### When and how must payment for continuation coverage be made?

1. First payment for continuation coverage

If you elect continuation coverage, you do not have to send any payment for continuation coverage with the Election Form. However, you must make your first payment for continuation coverage within 45 days after the date of your election. (This is the date the Election Notice is post-marked, if mailed.) If you do not make your first payment for continuation coverage within those 45 days, you will lose all continuation coverage rights under the Plan.

Your first payment must cover the cost of continuation coverage from the time your coverage under the Plan would have otherwise terminated up to the time you make the first payment. You are responsible for making sure that the amount of your first payment is enough to cover this entire period. You may contact the City of Milwaukee Employee Benefits to confirm the correct amount of your first payment. Your first continuation coverage payment should be sent to: Employes' Retirement System 789 North Water Street, Suite 300 Milwaukee, WI 53202

2. Periodic payments for continuation coverage

After you make your first payment for continuation coverage, you will be required to pay for continuation coverage for each subsequent month of coverage. Under the Plan, these periodic payments for continuation coverage are due on the first day of the month. If you make a periodic payment on or before its due date, your coverage under the Plan will continue for that coverage period without any break. The Plan will send periodic notices of payments due for these coverage periods.

Periodic continuation coverage payments should be sent to:

Employes' Retirement System 789 North Water Street, Suite 300 Milwaukee, WI 53202 3. Grace periods for periodic payments

Although periodic payments are due on the dates shown above, you will be given a grace period of 30 days [or enter longer period permitted by Plan] to make each periodic payment. Your continuation coverage will be provided for each coverage period as long as payment for that coverage period is made before the end of the grace period for that payment.

If you fail to make a periodic payment before the end of the grace period for that payment, you will lose all rights to continuation coverage under the Plan.

### For more information

This notice does not fully describe continuation coverage or other rights under the Plan. More information about continuation coverage and your rights under the Plan is available from the Plan Administrator.

For more information about your rights under ERISA, including COBRA, the Health Insurance Portability and Accountability Act (HIPAA), and other laws affecting

group health plans, contact the U.S. Department of Labor's Employee Benefits Security Administration (EBSA) in your area or visit the EBSA web site at <u>www.dol.gov/ebsa</u>.

### **Keep Your Plan Informed of Address Changes**

In order to protect your family's rights, you should keep the Plan Administrator informed of any changes in the addresses of family members. You should also keep a copy, for your records, of any notices you send to the Plan Administrator.



## Special Notice to All Retirees and their Families

### Women's Health and Cancer Right Act Notice Special Rights Following Mastectomy

A group health plan generally must, under federal law, make certain benefits available to participants who have undergone a mastectomy. In particular, a plan must offer mastectomy patients benefits for:

- 1. Reconstruction of the breast on which the mastectomy has been performed;
- 2. Surgery and reconstruction of the other breast to produce a symmetrical appearance;
- 3. Prostheses; and
- 4. Treatment of physical complications of mastectomy.

The City of Milwaukee health plans comply with these requirements. Of course, the extent to which any of these items is appropriate following mastectomy is a matter to be determined by consultation between the attending physician and the patient. The City of Milwaukee health plans do not impose penalties (for example, reducing or limiting reimbursements) and do not provide incentives to induce attending providers to provide care inconsistent with these requirements.

Questions, call the Employes' Retirement System at (414) 286-3557.



## HOW TO ENROLL

### **ENROLLMENT FORMS**

- 1) If you are making a change and need a health enrollment application, they will be available at the following locations:
  - a) Open Enrollment Fairs;
  - b) Employes' Retirement Service (ERS) website <u>www.cmers.com</u>.
  - c) ERS Office, 789 North Water Street, Suite 300.
  - d) City Hall, Room 706.
- 2) If you add or delete a dependent(s):
  - a) Complete a Health Enrollment Form,
  - b) Write the name of the dependent in SECTION B of the Health Enrollment Form.
  - c) Place a check (☑) in the appropriate box in SECTION C on the Health Enrollment Form.
- 3) If you do not want health coverage, or wish to waive coverage contact the Health Insurance Specialist at ERS for an appropriate waiver form or send a letter to the pension office with an effective date. Note there is no penalty for a retiree who waives coverage and takes coverage through a spouse's health plan, other employment or a Medicare complete plan. If you waive coverage you cannot reenroll until the next open enrollment, unless there is a qualifying event. Retirees must maintain coverage if they wish to re-enroll in a City plan at some future date.
- 4) Notice for all Medicare Retirees, Medicare spouses & dependents or Medicare family members to select both Part A and Part B of Medicare who are under 65 must select Medicare Part A & B. This is a requirement of all health plans.

### If you are making a Health Plan Change for the Year 2016

- 1 . Write **"RETIREE**" in the **JOB TITLE** box of all enrollment forms.
- 2 . A COBRA enrollee will write "COBRA" in the JOB TITLE box.
- 3 . DO NOT write anything in the CITY START DATE and RETURN TO WORK DATE boxes.

### If you are eligible for both parts of Medicare (Part A and Part B)

- 1. Please be certain to attach a photocopy of your Medicare I.D. card, and for your spouse if applicable, to your enrollment form.
- 2. Since coverage under Medicare usually reduces your monthly health insurance premium, it is important you make certain that we know of your Medicare coverage and that we are charging you the correct monthly health insurance premium.

All "RETIREE" applications should be returned to the office at the address below no later than 4:30 p.m. Friday, November 6, 2015:

> City of Milwaukee Employes' Retirement System Suite 300 789 North Water Street Milwaukee, WI 53202

## **BENEFIT PLAN DEFINITIONS**

**Deductible** – This is the amount you are required to pay each year before the plan begins to pay benefits. You begin accumulating expenses toward the satisfaction of your deductible at the beginning of each benefit year.

**Co-Insurance** – This is the percentage of the cost you pay when you receive certain health care services. For **UHC Choice Plan**, you pay 10% up to \$750 single and \$1500 family. For **in-network** with **UHC Choice Plus Plan**, you pay 10% up to \$1500 single and \$3000 family.

**Out-of-Pocket Maximum** – When you meet the annual out-of-pocket maximum, the plan will pay the full cost of covered expenses for the remainder of the benefit year. Covered expenses (deductibles and co-insurance amounts) apply towards the out-of-pocket maximum.

**Co-payment** – This is the flat dollar amount you pay when you receive certain medical care services. Co-pays are typically due at the time you receive the service. **Example: Emergency Room co-pays** are \$200.

**In-Network** – This is care or services provided by doctors, hospitals, labs or other facilities that participate in the network of providers assembled by your UnitedHealthcare. Generally, you pay less when you receive care in-network because the providers agree to charge a pre-negotiated, lower fee. This reduces your out-of-pocket costs and the overall claim cost.

**Out-of-Network** – This is care or services furnished by doctors, hospitals, labs or other facilities that do not participate in the UnitedHealthcare's provider network. If you are enrolled in the Choice Plus Plan and use an out-of-network provider, your share of the cost is based on the reasonable and customary charges allowed by the plan. Amounts charged over the reasonable and customary do not count towards the annual deductibles and out-of-pocket maximums.

**UnitedHealth Premium 1** – Members in a City of Milwaukee health plans have tiered benefit design and will pay lower co-insurance amounts for services provided by UnitedHealth Premium Tier 1 Physicians. UnitedHealth Premium Tier 1 Physicians have received the premium designation for:

\*Quality & Cost Efficiency (For quality, care providers must meet national industry standards of care. For cost-efficiency, care providers must meet local market benchmarks for the cost-efficient use of resources in delivering care).

### OR

\*Cost Efficiency & Not Enough Data to Assess Quality.



# Important Telephone Numbers & Websites

TELEPHONE NUMBERS	LOCAL	<u>800#</u>
Employes' Retirement System	<mark>414-286-3</mark> 557	1-800-815-8418
<u>Health Plan Telephone Numbers</u>	and Websites	
UHC Choice	1-800-841-4901	www.myuhc.com
UHC Choice PLUS	1-800-841-4901	www.myuhc.com
UnitedHealthcare Care24	1-800-942-4746	
UnitedHealthcare MedicareRx	1 <mark>-866-465-0572</mark>	www.uhcretiree.com
OptumRx (Non-Medicare Member)	<mark>1-800-841-49</mark> 01	www.optumrx.com
		www.myuhc.com
Medicare	1-800-633-4227	www.medicare.gov
National Benefit Consultants	1-800-875-1505	www.nbci.biz
Aetna (Life Insurance)	1-800-523-5065	www.aetnalifeessentials.com

If you have any questions regarding your benefits, or regarding unpaid bills, or problems with service, please call your health plan. Please **DO NOT** call ERS office until you have contacted your health plan and are unable to arrive at a resolution. ERS will attempt to assist you to resolve your problem, but in no case will ERS attempt to change, question or provide a medical opinion. Remember to document all your conversations with dates, times and names. We will ask you for this information when you call our office.

## NOTES